

## Division of Community Nutrition

<i>Subject:</i> <b>Nipple Shields</b>		<i>Policy:</i> <b>BF 04.7 - C</b>
<i>Reference:</i> <b>C.F.R. §246.3</b>	<i>Effective:</i> <b>August 12, 2013</b>	<i>Supersedes:</i> <b>December 1, 2008</b>

### **I. Policy:**

Nipple shields shall be offered to breastfeeding participants with latch problems.

### **II. Procedure(s):**

A. The breastfeeding coordinator / designee shall:

- 1) Offer nipple shields after delivery to participants with latch problems.
- 2) Instruct participants on the use of nipple shields.
- 3) Refer participant to an International Board Certified Lactation Consultant (IBCLC) if latch problems do not resolve.
- 4) Document follow-up in the Comments section in Crossroads within one week to participants who receive nipple shields.

B. Nipple shields shall not be given to pregnant participants due to the risk of pre-term labor.

C. Nipple shields shall not be reused due to cross-contamination.